**PURPOSE**

To sample methods for simple faith

discussion strategies that will help you

fulfill the commandment for parents

to impress faith on their children

(Deuteronomy 6:6-9)

**ADVANCE**

**PREPARATION**

Select a meal, bedtime, and/or

evening for you to try out one or

more of the simple family time

examples on the reverse side.

**FAMILY TIME**

**IDEAS**

**Try one or more of these simple family time strategies:**

**MEALTIME: Capture moments while eating together**

* **What to Do:** After giving thanks for your meal, someone shout *“High-Low!”* That means everyone around the table must share the high point and low point of their day.
* **What to Say:** While eating, ask *“If God wrote a letter directly to you this week, what topic would He address and what would He say?”*
* **Go Further:** Get the free Meals@Home guide and audio presentation from the campus HomePointe Center or at homepointe.org/meals

**BEDTIME: Give a brief blessing at bedtime**

* **What to Do:** While tucking in for bed, parent or child says, *“What do I love?”* The other person must then guess what the person is thinking in one of the following categories…
* A fun moment they shared that day
* Something nice about the other person
* Something they appreciate that person did today
* **What to Say:** Ask, *“What do we want to give thanks for before falling asleep?”*
* **Go Further:** Get the free *Blessing* Faith Path kit from the campus HomePointe Center or download from lakepointe.org/faithpath

**FAMILY TIME: Fun activities that prompt faith dialogue**

* **What to Do:** Go to the top of the stairs while the kids wait at the bottom. Say, *“Let’s pretend I am God in heaven who wants you to be with me.”* How can the kids get up the stairs without touching the stairs or railing? Let them try before revealing the secret: *“You must ask me to come down and carry you up!”* When done, serve a special treat while you…
* **Read:** Romans 6:23 and Ephesians 2:8
* **Explain:** *“Just like Dad had to do what you couldn’t do for yourself, Jesus Christ came down from heaven to save us because we couldn’t save ourselves.”*
* **Pray:** Thank God for the free gift of salvation
* **Go Further:** Pick up the free *Family Time* Faith Path kit from the campus HomePointe Center or download from lakepointe.org/faithpath

**MOVIE NIGHT**

If you have older kids, watch a movie together and discuss the themes of the story that either reinforce or undermine a Christian view of the world. Listen to a free podcast and download a free guide at homepointe.org/movies.

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